

**Don't Waste Your Sorrows**  
**II Corinthians 1:5-7**

- I. **God's Healing is Ascending II Cor. 1:5**
  
- II. **God's Healing is Effective II Cor. 1:6**
  
- III. **God's Healing is Steadfast II Cor. 1:7**

**Questions**

- 1. Discuss God's ascending healing? Are you experience God's ascending healing?**
  
- 2. What does it mean that God's healing is effective? Is God's healing in your life?**
  
- 3. How is God's healing steadfast? Are you living in God's steadfast love?**